Pilly Putty

Cultivated Care · Heartland Botanicals

A soft, foldable putty that seals around a capsule or tablet.

To _____

From _____

Makes: About 45 pockets from one pint jar.

In the kit

Pint jar of dry mix
Toasted certified gluten-free oat flour, tapioca starch, citric acid powder and the flavor base.

Vegetable glycerin, food grade - 3 Tbsp
The small container. The ingredient that keeps them soft

You add

Pumpkin puree - ¼ cup
Plain canned pumpkin

Water - 4 to 6 Tbsp, depending on the flavor base
Heated, then added last (step 2)

How to do it

1. **Combine the wet.** Empty the jar into a bowl. Stir the pumpkin into the glycerin.
2. **Heat the water.** Use a hot pot or microwave to bring it to about 180°F: steaming, short of a boil. Add the hot water last, stir and add to the dry immediately. The heat cooks the tapioca starch so it stretches and seals.
3. **Mix to a dough.** Work it with a spoon and then your hands, or use a stand mixer. You're aiming for **soft modeling clay**: dense, holds a thumbprint, doesn't stick to your palms. Too sticky, add a little oat flour a teaspoon at a time. Too crumbly, add water just off the boil, a tablespoon at a time, and rest it 5 minutes after each.
4. **Rest it 20 minutes**, covered, on the counter. Don't skip this step, or they will be crumbly and fall apart.
5. **Check it again.** Too sticky or too crumbly, fix it the same way as in step 3.
6. **Shape them, or don't.** Roll the dough into a log about ¾ inch thick, cut it every inch, and press a hole most of the way through with the round end of a chopstick. Or keep it as a lump and pinch off a piece at pill time.

Storing it

The putty

Keeps about 2 weeks in an airtight container, counter or fridge. Label it with the date you made it.

Freeze only the dry mix. Made-up putty weeps when it thaws.

Throw it away if it smells sour, musty or rancid, shows mold or spotting, or goes slimy.

The dry mix

Cupboard 3 months · fridge 6 months, airtight.

Frozen in a mylar bag, the dry mix keeps for a year.

If you store the dry mix in the fridge or freezer, let it come back to room temperature before you open it. Moisture will ruin it.

Full recipe and troubleshooting heartlandbotanicals.com/recipes/pilly-putty

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